

Food Policy Council Meeting Minutes 10/23/13

Members in attendance: Esperina Stubblefield, Kristin DuBay-Horton, Fred Kaskowitz, Margot Reynolds, Christine Stafstrom (Via Phone).

Guests Present: Marie Desances

The meeting began at 5:45pm and there was a motion to add review of minutes to agenda. Kristin (1), Fred (2).

The group reviewed the meeting minutes from 9/25/2013

- Fred Kaskowitz made and Margot Reynolds seconded the motion. One change was made to membership (Esperina Baptiste-Stubblefield). Motion to accept was unanimous.

ASSESSMENT OF FOOD ACCESS/NEEDS IN BRIDGEPORT

Marie Desances spoke on the assessment of Food Access needs in Bridgeport by comparing other assessments that was conducted throughout the state, in an effort to use CDC change tool to help facilitate future assessment for the city of Bridgeport. Assessments from Hartford, New London and Bridgeport were discussed. Along with other documents that were handed out for discussion to clarify major points including:

Council members made suggestions and read other assessments include physical activities.

Several questions to consider:

- Request for an assessment of what people like to eat – give examples of how to make those foods healthier.
- Read other assessments including physical activities? Who is working on it?
- Did other FPC longstanding ones look at cause and effect? Could we?
- Should mix programmatic and policy-programs provide us better guidelines.
- Request evaluation dates from CARES in New Haven
- Needs to raise consciousness among Bridgeport residents
- Need to teach kids about marketing
- Members mentioned the assessment for CARES in New Haven, is there an evaluation document available?
- Cold food policy implement a buy local program
- Book recommendation: Fat, sugar, and saturated fats.
- Can we teach children in Bridgeport about marketing?
- How do we link change? McDonalds should offer incentives to children to help them understand the benefits of eating healthy
- How do we assess current state of food access in Bridgeport – what data is already available?
- Obtain data from major farmers market
- CDC Change Tool do we include more people to buy local.

FOOD SYSTEM SUMMIT:

Kristin DuBay-Horton spoke in reference to the first event for FPC-Food System Summit. Members were having difficulties deciding when the food summit should be held and how many should be held, for the sake of having others with complicated schedules participate. There was a lot of discussion regarding food system. The subcommittee that had met on it earlier was asked to reconvene – plan for an event in January rather than November and to reach out to the FPC chair from New Haven as a keynote speaker.

The meeting adjourned at 7:28

The next meeting is the November 20th at